

Monday	Tuesday	Wednesday	Thursday	Friday
31 Pancake/Syrup	1 Sweet Roll	2 Breakfast Pizza	3 Breakfast Bites	4 Sausage Gravy/Biscuit
Cheeseburger-Bun	Chicken Drumstick	Teriyaki Beef Bites/Sauce	Macaroni and Cheese-	Breakfast Pizza-
Dill Spear-toppings	Mashed Potatoes	Seasoned Rice	Nuggets	Hash Brown
Seasoned Green Beans	Gravy/Margarine	Fresh Vegetables	Seasoned Peas	100% Fruit Juice
Applesauce	Diced Peaches	Mandarin Oranges	Fresh Fruit	Muffin-Yogurt K-5
	Cookie			Early Out
7 Yogurt	8 Breakfast Pizza	9 Sweet Roll	10 Muffin	11 Pancake/Sausage/Stick
BBQ Rib– Bun	Breaded Chicken Patty	Nacho Supreme	Chicken-Cheese	Pizza Crunchers/Marinara
Sweet Potato Fries	Bun – Dill Spear	Seasoned Corn	Fajita Wrap	Mixed Vegetables
Applesauce	Seasoned Green Beans	X	Seasoned Pasta	Mixed Fruit
Graham Snack	Peaches	Great Apple Crunch	Fresh Lettuce, Peppers	Bread and Butter
		Bread and Butter	Banana	Early Out
14 French Toast/Syrup	15 Breakfast Pizza	16 Sweet Roll	17 Pop Tart/Cereal Bar	18 Combo Bar/Toast
Mini Corn Dogs	Chicken Strips	Meatball Sub Sandwich	Chicken Alfredo	Pepperoni Pizza
Baked Beans	Seasoned Green Beans	Marinara/Mozzarella	Breaded Mozza, Stick	Mixed Vegetables
Applesauce	Mandarin Oranges	French Fries	Fresh Vegetables	Mixed Fruit
Graham Snack	Peanut Butter Bar	Fresh Fruit	Peaches	Early Out
21 Pancake/Syrup	22 Breakfast Pizza	23 Sweet Roll	24 Combo Bar/Toast	25 Yogurt Parfait
Chicken Nuggets	Sweet Sour Chicken	Breakfast For Lunch	Chili-Crackers	Sausage Pizza
Mashed Potatoes-Gravy	Fried Rice	This will vary among the	Peanut Butter Sandwich	Seasoned Green Beans
Peaches	Steamed Broccoli	buildings	Fresh Celery & Carrots	Mixed Fruit
Dinner Roll	Pineapple		Banana	Early Out
28 French Toast/Syrup	29 Breakfast Pizza	30 Sweet Roll	31 Sausage Gravy/Biscuits	November 1, 2024
Breaded Pork Patty-Bun	Hot/Chili Dog-Bun	Salisbury Patty]	
Dill Spear,	Seasoned Green Beans	Mashed Potatoes-Gravy	Cook's Choice	No School
Baked Beans	Applesauce	Peaches		ind School
Diced Pears	Cookie	Dinner Roll		
	Early Out	Early Out		

All food components are offered with each meal. A choice of Milk is offered daily with Breakfast and Lunch. Breakfast has daily choices of Cold Cereal, Fruit, and 100% Fruit Juice as well as the menu items. Fruit and Vegetables Bars are available in each building for Lunch.

Contact karen.ackman@govikes.org or 319*436*5771 with any questions or concerns