

# February

Remember no breakfast on late start days

3 French Toast/Syrup Cheeseburger-Bun Dill Spear French Fries Applesauce	4 Breakfast Pizza Popcorn Chicken Seasoned Rice Steamed Broccoli Mandarin Oranges	5 Sweet Roll Nacho Supreme Seasoned Corn Diced Peaches Muffin	6 Pancake/Sausage Stick Soup-Saltine Deli Meat Sandwich Carrots/Ranch Banana Peanut Butter Bar	7 Combo Bar/Toast <b>EARLY OUT</b> Pizza Crunchers/Marinara Mixed Vegetables Diced Pears Bread and Butter
10 Pancake/Syrup BBQ Rib Sandwich Dill Spear Seasoned Green Beans Diced Peaches	11 Breakfast Pizza  Cook's Choice	12 Sweet Roll Corn Dog Seasoned Corn Mixed Fruit Snack Cookie	13 Breakfast Sandwich Chicken Nuggets Mashed Potatoes Gravy/Margarine Fresh Fruit Dinner Roll	14 Sausage Gravy/Biscuit <b>EARLY OUT</b> Pizza Mixed Vegetables Rosy Applesauce 
17 <b>NO SCHOOL~ Maybe</b> <b>If school is in session, it</b> <b>will be the cook's choice</b> <b>menus</b>	18 Breakfast Pizza Grilled Chicken Patty Bun – Dill Spear Seasoned Green Beans Applesauce	19 Sweet Roll Chicken Drumstick Mashed Potatoes/Gravy Diced Peaches Dinner Roll	20 Pancake/Sausage Stick Walking Taco Seasoned Corn Banana Cookie	21 Combo Bar/Toast <b>EARLY OUT</b> Stuffed Crust Pizza Mixed Vegetables Mixed Fruit
24 French Toast/Syrup Chicken Patty-Bun Dill Spear Seasoned Green Beans Applesauce	25 Breakfast Pizza Crispitos/Ch Sauce 6-12 Meat/Cheese Sandwich K-5 Seasoned Pasta Winter Mix Vegetables Mandarin Oranges	26 Sweet Roll Chicken Strips Mashed Potatoes Gravy/Margarine Diced Peaches Bread and Butter	27 Breakfast Sandwich Toasted Cheese Sandwich Baked Beans Sliced Apples Graham Snack	28 Sausage Gravy/Biscuit <b>EARLY OUT</b> Sausage Pizza Mixed Vegetables Mixed Fruit
3 Pancake/Syrup Breaded Pork Sandwich Dill Spear Sw. Potato Fries Applesauce	4 Breakfast Pizza Breakfast for Lunch <b>Check with your building</b>	5 Sweet Roll Fish Sticks K-5 Fish Sandwich 6-12 Carrots/Ranch Mandarin Oranges Goldfish Crackers	6 Cook's Choice Spaghetti- Breadstick K-5 Meatball Sub 6-12 Seasoned Green Beans Diced Pears	7 Combo Bar/Toast <b>EARLY OUT</b> Cheese Pizza Mixed Vegetables Orange Smiles

Please contact Karen at [karen.ackman@govikes.org](mailto:karen.ackman@govikes.org) or 319\*436\*5771 with any questions or concerns

All food components are offered with each meal. A choice of Milk is offered daily with Breakfast and Lunch. Breakfast has daily choices of Cold Cereal, Fruit, and 100% Fruit Juice as well as the menu items. Fruit and Vegetables Bars are available in each building for Lunch.



**Vinton-Shellsburg CSD is an Equal Opportunity Provider**